



Microblading & Cosmetic Tattoo Post Care Instructions

Your post care is very important to the overall healing process, appearance and longevity of your new tattoos. Once your procedure is complete, a medical grade silicone gel will be applied to your eyebrows and must be **gently rinsed off 24 hours post treatment**. If you have a cosmetic tattoo other than your eyebrows, you may skip the silicone gel step. As you rinse the product from your eyebrows, be sure NOT to scrub. Instead, gently rinse with a light neutral soap in one direction. Air dry for approximately 30 minutes then gently apply the grapeseed oil. The grapeseed oil should be applied twice a day to keep scabs from forming. These steps should be followed for the first seven days after your procedure.

The following **MUST BE AVOIDED** during ALL 7 days after:

- Any activity that increases sweating or getting your brows wet
- Practicing sports
- Swimming
- Hot sauna, hot tub or jacuzzi
- Sun or salon tanning
- UV/UVA or chemicals as they have been known to cause a shift in color and premature fading
- Any laser or chemical treatments or peelings, and/or any creams containing Retin-A or Glycolic Acid on the face
- Picking, peeling, or scratching of the micropigmented area in order to avoid scarring of the area or removal of the pigment
- Performing tasks related to heavy household cleaning such as garage or basement cleaning where there is a lot of airborne debris
- Driving in open air vehicles such as, but not limited to, convertibles, boats, bicycles, or motorcycles
- Touching of the treated area except for when rinsing and applying grape seed oil.

What to expect after your session

Entire healing process will take 4-6 weeks depending on your body's regeneration and age. Your new tattoos will go through several phases during the healing cycle. The pigment will appear very natural looking immediately after the procedure. The color of the pigment will appear much darker the next day. Note that because of natural skin regeneration, after recovery period (peeling) tattoo might appear lighter than original. This might give you the impression that color is fading too quickly, however, this color change is due to the superficial color and dry skin being naturally removed from your body. Once completely healed, always apply a layer of sunscreen SPF 30 up to SPF 50 on your tattoos when exposed to the sun. Avoid excessively oily sunscreen particularly if you have oily skin as this could push the pigment out. You can now enjoy your beautiful new tattoos! You will love them! We will see you back in 6 weeks for a touch up. Please call the office with any concerns post-treatment and we will be happy to assist you. We can be reached at **334 271 2002 during business hours or 334 546 9088 after business hours**.

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